



BEST PRACTICES ON CONNECTICUT DAIRY FARMS ***FARM PRACTICES***

Connecticut's 90 dairy farms use research, industry best practices, and the latest technology to continuously improve milk production, enhance their sustainability practices, and ensure the health and safety of their 19,500 cows.

Caring for Our Land



No Wasting Waste

Manure can be reused to fertilize fields and crops. In addition, some farms can separate the liquid and solid components and those solid components can be transformed into bedding for cows, giving them a comfortable place to rest and sleep.

Poop Power

To reduce greenhouse emissions, some dairy farms use anaerobic digesters, which use micro-organisms to break down organic material and capture emitted biogases. These biogases can then be used as renewable energy to power the dairy farm, create heat, or renewable natural gas.

Solar Energy

With long roofs, cow barns are ideal for solar panels and many Connecticut dairy farms are incorporating this renewable source of energy. In addition to being a greener alternative than conventional electricity, using solar power helps farmers save on their energy bills and thus, lower costs.

Cover Cropping

Dairy farmers reduce soil erosion and maintain the quality of their soil for the future by planting cover crops, which are plants that are not harvested but rather protect the soil. A cover crop reduces the impact of rain on the soil and run off, which can deplete valuable nutrients from the soil.

Learn more and find
delicious recipes at
CTDairy.org



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